

## **Intern Reference Check**

(Reference must be at least 18 and not related to volunteer)

Intern Name: \_\_\_\_\_\_ Internship Position:\_\_\_\_\_

The person named above has applied to intern with Northern Virginia Family Service (NVFS), a private nonprofit dedicated to helping individuals and families find new paths to self-reliance and brighter futures. Interns and volunteers are integral to NVFS programs. Please answer the following questions honestly and return this form as soon as possible. All information is held confidential by NVFS staff.

| Type of Reference  |     | Professional/School Reference - or -  Personal Reference               |        |                              |            |             |          |          |    |
|--|-----|--|--------|------------------------------|------------|-------------|----------|----------|----|
| Reference Name   |     |  |        |                              |            |             |          |          |    |
| Relationship to Intern   |     |  |        |                              |            |             |          |          |    |
| Phone Number and/or Email  |     |  |        |                              |            |             |          |          |    |
| Date Reference Check Completed   |     |  |        |                              |            |             |          |          |    |
|  |     |  |        |                              |            |             |          |          |    |
| How long have you know him/her?  |     |  |        |                              |            |             |          |          |    |
| How well do you know him/her?  |     | 🗌 Very We  | ·II □' | Well                         | □ Somewhat | 🗌 Very Litt | tle      |          |    |
| What are the candidate's three (3) biggest strengths?  |     |  |        |                              |            |             |          |          |    |
| Does the candidate work<br>cooperatively and collaboratively<br>with others? Please give example(s).         |     |  |        |                              |            |             |          |          |    |
| How dependable is the candidate?   |     | 🗆 Very   | 🗌 Most | :ly 🗆                        | ] Somewhat | 🗆 Needs Imp | rovement |          |    |
| How well does the candidate finish<br>projects/responsibilities they have<br>begun? Please rate and explain. |     | □ Very Well   □ Well   □ Average   □ Fair   □ Poor                     |        |                              |            |             |          |          |    |
| What is at least one (1) area for<br>improvement?  |     |  |        |                              |            |             |          |          |    |
| Is there any additional information<br>you would like to share about this<br>candidate?                      |     |  |        |                              |            |             |          |          |    |
| What is your overall<br>recommendation for this candidate?   |     | □ Highly Recommend □ Recommend with Reservation (please explain below) |        |                              |            |             |          |          |    |
|  |     | Recommend Cannot Recommend (please explain below)                      |        |                              |            |             |          |          |    |
| Please rate the candidate's display of the following qualities with either "Yes", "Not Sure" or "No":        |     |  |        |                              |            |             |          |          |    |
|  | Yes | Not Sure   | No     |                              |            |             | Yes      | Not Sure | No |
| Punctual and reliable  |     |  |        | Flexible                     |            |             |          |          |    |
| Clear communication  |     |  |        | Professional and accountable |            |             |          |          |    |
| Able to work with a team   |     |  |        | Respectful                   |            |             |          |          |    |
| Able to work independently   |     |  |        | Attentive to detail          |            |             |          |          |    |
| Takes initiative   |     |  |        | Hones                        | t          |             |          |          |    |

Please return this form directly to: Karen Horowitz, Director, Community & Volunteer Engagement khorowitz@nvfs.org