

## Your March NVFS Insider

Northern Virginia Family Service <info@nvfs.org>

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To: Alexandra Ruiz <aruiz@nvfs.org>

CARE Awards Application Open, Good Morning Washington, Auction Sneak Peek, Top Needs



### Monthly Newsletter of Northern Virginia Family Service



Donate

Volunteer

#### CARE Application Now Open!

Do your company's values make our community a better place to live, work, and play? If so, we invite you to apply for the [CARE Awards](#)!

For more than 30 years, the CARE Awards has recognized companies incorporating outstanding employee wellbeing programs, focusing on diversity and inclusion, and engaging actively with their communities. If your company is interested in applying for a CARE Award, please visit our [website](#) to access the application, which is due June 18, 2024. If you have any questions, please email [CareAwards@nvfs.org](mailto:CareAwards@nvfs.org).



#### NVFS Director, Kate Reen, on Good Morning Washington

[Check out](#) our very own Kate Reen, Director of NVFS' Youth Initiatives, on Good Morning Washington. As part of March's Social Work Month, Kate shared what social workers do, their holistic outlook, and some of her personal successes as a social worker. A big thank you to Kate and all our NVFS social workers who work every day to meet the needs of our neighbors during their journey to wellbeing!



## NVFS' 100 Years of Service Celebration Silent Auction Sneak Peek

We're finalizing our packages for the 100 Years of Service silent auction, an exciting way to support NVFS and the Northern Virginia community, and we wanted to share a [sneak peek](#) of some of our early favorite packages:



- Experience the beauty and challenge of the Congressional Country Club, the #1 Platinum Club in the country as you get the opportunity for you and two of your friends to join a member for this fantastic experience.
- Enjoy a delectable meal with an in-home Chef Experience prepared by NVFS Escala graduate Chef Mendoza.
- Luxuriate during a weekend getaway at The Greenbrier.
- Savor some hard-to-acquire bourbons, perfect for the whiskey aficionados amongst us.

The link to bid on these items AND more will be made available later this month. And, exciting news, you don't have to be an attending guest to bid! [Sign up now](#) to join us for the auction if you can't join us in person. [Tickets](#) to the celebration are still available too!



## National Volunteer Week

Volunteers are, and have always been, vitally important to NVFS. Did you know that NVFS was founded by volunteers 100 years ago? Today, with the support of our dedicated volunteers, NVFS helps more than 30,000 of our neighbors on their journeys to wellbeing. In fact, this year alone, we've had 2,000 people volunteer more than 28,000 hours in Northern Virginia!

This National Volunteer Week we want to make sure everyone knows that NVFS Volunteers rock!

Join us and volunteer to make a difference in our community. Email us at [volunteer@nvfs.org](mailto:volunteer@nvfs.org) and we'll figure out the perfect opportunity, together.

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## Be a hero all year long.

Become a monthly donor for just 83 cents a day. Together, we will build a brighter future for our community.

**Donate Today**



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### Top NVFS SERVE Shelter Needs

[www.nvfs.org/serve](http://www.nvfs.org/serve)

- New pillows
- Full-size toiletries
- Full-size deoderant
- Full-size bodywash
- Cleaning supplies

### Top Hunger Resource Center Needs

[www.nvfs.org/hrc](http://www.nvfs.org/hrc)

- Canned or frozen vegetables
- Beans (canned and dry)
- Cereal
- Healthy snacks (granola bars, fruit cups, etc.)
- Pasta & pasta sauce
- Sugar, salt, pepper
- Cooking oil/spray
- Canned meat

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### Healthy Families Needs

<https://www.nvfs.org/healthy-families>

- Bubbles
- Chalk
- Facepaint
- Waterplay toys (no guns)
- Large blocks

### Early Head Start Needs

<https://www.nvfs.org/early-head-start>

- Bubbles
- Chalk
- Outdoor balls
- Ride on toys for ages 3-5

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### Top Multicultural Center Needs

[www.nvfs.org/about-nvfs/locations/multicultural-center/](http://www.nvfs.org/about-nvfs/locations/multicultural-center/)

- Cleaning sprays (kitchen, bathroom, general)
- Scrubbing pads
- Dishwashing soap (hand wash and dishwasher)
- Laundry detergent
- Shampoo & conditioner (full size)
- Bath and hand soap
- Shaving cream and disposable razors
- Toothbrushes, toothpaste, floss, mouthwash
- Body lotion
- Deodorant

- Fabric softener
  - Clothing stain remover
  - Nail clipper, files, nail brushes
  - Lip balm (like Chapstick)
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## Top Volunteer Needs

- SERVE Campus: [Group to power wash entire campus](#) (providing own power washers & solution)
- HRC: [Food recovery drivers](#)
- SERVE Shelter: [Kitchen assistant](#), [Group to deep clean kitchen](#)
- Early Head Start, Prince William: [Classroom assistants](#)

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