

Your December NVFS Insider

Northern Virginia Family Service <info@nvfs.org>

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Giftng for Families, Healthy Families Holiday Playgroups, Food Pack Donations, Top Needs & Volunteers



Monthly Newsletter of Northern Virginia Family Service



[Donate](#)

[Volunteer](#)

Giftng for Families Holiday Drive a Success!

Thank you to all the donors and volunteers for supporting the toy drive. We greatly appreciate your generosity. We could not have possibly distributed over 2,500 toys and gift cards without you. Supporting families is especially important this year since so many people are facing economic hardships. Thank you for making it possible for every child to have a moment of holiday joy.



Shout out to the amazing team of volunteers who knocked it out of the park shlepping, counting, sorting and packing the bounty. We appreciate our corporate partners at AWS, BI, BKV, Brown & Settle, Lindsey, Macerich, Meta, and Merritt. Also, many thanks to the awesome teens from National Charity League (NCL) and Young Men's Service League (YMSL) for their tremendous help loading the NVFS van with toys. And a big thank you to our generous Giftng for Families sponsors including The Cecil and Irene Hylton Foundation, I-66 Express Mobility Partners, Grosvenor - Property Americas, Kearney & Company, Swift, and Vulcan Materials.

Healthy Families Celebrate with Holiday Playgroups

Healthy Families Arlington and Healthy Families Prince William recently gathered their families in a playgroup to enjoy community and share the fun and festivities of the season. For one family this was their first holiday in the US! They greatly appreciated being part of the gathering, the group meal, and celebration.

A special thanks to Tacombi Community Kitchen for providing our families with a beautiful, delicious and nutritious meal. K9 Brooks and her handler, Kara from K-9 Caring Angels Service and Therapy Dogs gave kids and their families the special opportunity to find comfort in therapy dogs. Apple Federal Credit Union completely committed to the role of Santa's elves even down to the curl toe booties to take pictures with Santa, giving families a keepsake to take home.



Many thanks to all the staff and volunteers for putting together such a memorable event!



Become a monthly donor and brighten a life in 2024.

Capital One Provides Packs for Food Insecure Families

Many children depend upon the free and reduced lunches provided at school. For families experiencing food insecurity, on days when school isn't in session little tummies can go hungry. So, a big thank you to Capital One for purchasing and assembling weekend food packs for children. Our caseworkers are extremely grateful for the food packs, which they will take to families and children experiencing food insecurity to keep tummies full, weekends happy, and the return to school focused on learning not food.



Check out our [Hunger Resource Center](#) if you need help or wish to give to ensure that our neighbors facing food insecurity get the support they need. If your community group or company want to get involved email [Navara Cannon](#) so we can work together to help our neighbors thrive!

RUNS
March
2024



Join the *Strides* 10-Day Virtual Fitness Challenge and get active to give back!
Email LHurst@nvfs.org

NVFS NORTHERN VIRGINIA FAMILY SERVICE | 100th
join us

3 MAY 2024
TORPEDO FACTORY
ART CENTER



100 YEARS OF SERVICE CELEBRATION



Make Room for Joy

Donate Your Items to the NVFS Clock Tower Thrift Shop
nvfs.org/thriftshop



Clocktower Thrift Shop Volunteers Needed!



individuals • youth • groups • companies

nvfs.volunteerhub.com • sweinstein@nvfs.org

Top NVFS SERVE Shelter Needs

- Sugar
- Coffee
- Tea
- Butter
- Eggs
- Paper towels
- Dryer sheets
- Laundry detergent pods
- New women's and men's underwear (medium, large, x-large)

Top Hunger Resource Center Needs

- Canned meat
- Flour
- Sugar
- Pasta sauce
- Pasta
- Low-sodium vegetables
- One pot/pan meals
- Beans (canned and dry)
- Canned fruit/fruit cups

Top Multicultural Center Needs

- Cleaning sprays (kitchen, bathroom, general)
- Scrubbing pads
- Dishwashing soap (hand wash and dishwasher)
- Laundry detergent
- Fabric softener
- Clothing stain remover
- Shampoo & conditioner (full size)
- Bath and hand soap
- Shaving cream and disposable razors
- Toothbrushes, toothpaste, floss, mouthwash
- Body lotion
- Deodorant
- Nail clipper, files, nail brushes
- Lip balm (like Chapstick)

Top Healthy Families & Early Head Start Needs

- Children's diapers
- Baby wipes

Top Volunteer Needs

- HRC: [Food Recovery Drivers](#)
- SERVE: [Meals Povidors](#) - 2024 dates now available!
- Early Head Start, Prince William: [Classroom Assistants](#)
- Community Advisory Board Consultant: Guide the process of envisioning the scope, role and goals to form a new Community Advisory Board for the Multicultural Center programming. Includes researching, reviewing documents, providing feedback to staff and advising them on next steps. Short-term, virtual. Contact [Karen Horowitz](#) if interested.

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