

Your July NVFS Insider

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Back2School Drive, 100th Did You Know, Volunteer Spotlights, Summer Fun at EHS, 3-Degree Guarantee, Top Needs, Volunteers Needed



Monthly Newsletter of Northern Virginia Family Service



Donate

Volunteer

Help Us Gear Up Kids for Back2School

There is still time to support our [Back2School Drive](#)! A backpack of new school supplies can give a child the level up they need to begin the school year right AND help ease the financial burden for the family.

Check out these easy ways to help the children from NVFS programs gear up to ace the school year ahead.

- Shop for [school supplies from our list](#) and drop them off during one of the following donation days at **12955 Fair Lakes Parkway, Fairfax, VA 22033** (next to the Starbucks), see the map [here](#): Wednesday, July 24, 9am-1pm or Thursday, July 25, 1pm-6pm.
- [Donate](#) through August 8 to make sure any gaps in our supply needs are covered!
- Start a [Personalized Team Fundraising page](#) and donate as a group by August 8.
- Organize a school supply drive! If you are a corporate or civic group interested in organizing a school supply drive, please contact Lacy Hurst at lhurst@nvfs.org.
- Shop our [wish list](#) through July 22 to quickly, and easily, make sure the kids in our community get the supplies they need to succeed!



Did You Know? Fun facts about NVFS' 100-year journey

NVFS is celebrating [100 years of service](#)! Did you know that what would become NVFS, started humbly in Alexandria in 1924 when a group of volunteers recognized their community's need for food, coats, and coal and acted to help their neighbors' well-being?

Today, NVFS has a wide array of services to assist individuals and families from across Northern Virginia on their well-being journey. However, all of them are provided with the same spirit of warmth and support to our community.

Learn more and celebrate NVFS' 100 years with us at nvfs.org/100.



Summer Fun at NVFS' Arlington Mill Early Head Start Center

Throughout June and July, Arlington Mill Early Head Start Center partnered with local community members to help open a new world of experiences and possibilities to our youngest learners.



- **Animal Welfare League of Arlington (AWLA):** The welfare league brought the magic of storytelling to life by sharing books with every classroom.
- **R.E.A.D of Arlington:** R.E.A.D. sat down with the children to delve into books before introducing them introducing their special guest, Dobi the bunny.
- **Perfect Pointe Dance Studio:** Showcased a dance with the captivated class before inviting the kids up to learn and experience the fun of dance themselves.
- **American Physical Therapy Association (APTA):** Ignited excitement through thrilling books and got everyone up on their feet moving.

Thank you to all the local partners who helped to introduce our young learners to the joy of reading, music, dance, animals, and movement, as well as creating lasting memories.

Early Head Start aids pregnant women and parents of children between the ages of 0 and 3 to develop a path to a brighter future. Learn more on [our website](#).

NVFS Spotlited in the 3-Degree Guarantee

A bit of weather-related fun is getting a community-support make-over with Good Morning Washington's [3-Degree Guarantee](#) and F.H. Furr.

If Saturday's high is within 3-degrees of ABC 7 First Alert Weather forecast, then F.H. Furr will donate \$100 to NVFS through September!



Thank you F.H. Furr for this cool way of supporting your community even while summer temperatures rise. And, we believe in you, ABC7 meteorologists! You got this!

Bring STEAM summer fun to the SERVE Family Shelter.

Wish list+



NVFS ESCALA
SMALL BUSINESS SPOTLIGHT

Sarahi Torrez
Sarah's Bakery



 @sarahs.bakery

 @SarahsBakeryyy



Volunteer Spotlight: Clock Tower Thrift Shop Volunteers

We'd like to give a few shout outs to some [Clock Tower Thrift Shop](#) volunteers that have gone above and beyond.

First, thank you **Kirsten Singer and Gina Mobley**, for bridging our NVFS program-to-program donation gap. Kirsten, who volunteers both at the Head Start Center and Clock Tower Thrift Shop, collected and donated shelf-stable food, infant and toddler care item, clothing and gear as well as large amounts of feminine hygiene products, which was much needed at NVFS' SERVE Family Shelter and Hunger Resource Center. Kirsten met Gina, SERVE Shelter volunteer extraordinaire, and handed off this carload of donations to make sure they got to our shelter guests and HRC clients.



Secondly, a special thanks to **Team EY**, for helping our Training Futures trainees prepare for their new careers with clothing they needed so they could dress to impress! Team EY went through the Clock Tower Thrift Shop's Training Futures Clothes Closet, curating outfits that would help make sure the trainees were outfitted professionally and interview ready. Thank you, Team EY, and all of neighbors whose donations of gently-loved professional wear goes to help our neighbors take the next step in their career.

Third, dedicated volunteer groups **Exostar** and **Forvis** helped count all donations at the Clock Tower Thrift Shop for our essential year-end audit requirement.

And, finally, a big thank YOU to all our Clock Tower Thrift Shop donors and shoppers because the proceeds from our thrift shop go to help NVFS and our community.

Learn more about the [Clock Tower Thrift Shop](#) or get involved with [volunteering](#) today!

Clocktower Thrift Shop Volunteers Needed!



individuals • youth • groups • companies



Guide, inspire, help kids learn and have FUN!



Apply to become a Classroom
Volunteer at nvfs.org/volunteer

Top NVFS SERVE Shelter Needs

- New women's and girl's underwear (all sizes)
- New pillows
- Flip-flops/shower shoes (all sizes youth and adult)
- Diapers (sizes 3-6)
- Full size toiletries (shampoo, conditioner, bodywash, lotion, textured hair care items)
- Paper towels
- Toilet paper

Top Hunger Resource Center Needs

- Canned vegetables
- Beans (canned and dry)
- Cereal
- Fruit pouches/fruit cups
- Pasta & pasta sauce
- One box meals (i.e. Hamburger Helper)
- Shelf stable milk
- Rice
- Coffee/tea
- Sugar
- Cooking oil/spray

Top Multicultural Center Needs

- Beans (canned and dried)
- Soup (regular and low-sodium)
- Canned vegetables
- Pasta
- Pasta sauce
- Rice (white and brown)
- Oatmeal and cereal

Top Early Head Start Needs

- Diapers (size 5 and up)
- Pull-ups
- Wipes

Top Healthy Families Needs

- Diapers (size 5 and up)
- Pull-ups
- Wipes

Top Volunteer Needs

- HRC: [Food recovery drivers](#)
- Early Head Start: [Classroom assistants](#)

Did you enjoy this edition of the Insider? Have a suggestion? [Send us an email](#). We love hearing from our readers and are continually striving to provide relevant content.



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