

Your November NVFS Insider

Northern Virginia Family Service <info@nvfs.org>

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Giftng for Families, Virginia Insurance Marketplace, Trunk or Treat, CARE Awards, Volunteer Spotlight, Top Needs & Volunteers



Monthly Newsletter of Northern Virginia Family Service



Donate

Volunteer

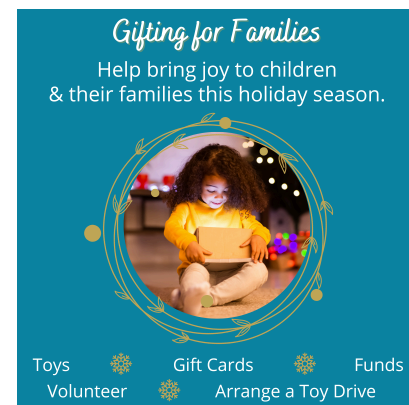
Bring the Joy of the Season to Children and Their Families Through Our Gifting for Families Holiday Drive

Join us in making the holiday season brighter as we distribute more than 2,500 toys to children and their families in Northern Virginia! [Donate funds](#), [donate toys](#) through an office collection, through our [Amazon wish list](#), donate gift cards, [become a sponsor](#), or donate via a personalized [peer to peer fundraising page](#).

Drop Off Dates:

- Monday, December 4, 2023, 1pm-6pm
- Tuesday, December 5, 2023, 9am-2pm

Drop Off Location: 1930 Isaac Newton Square, Reston, VA, 20190



22 Companies Recognized at 2023 CARE Awards

For over 30 years NVFS' [CARE Awards](#) has recognized companies for their outstanding culture and employee engagement strategies which create some of the best places to work across the DC Metro Region. We congratulate our [2023 CARE-ing companies](#) that have displayed outstanding workplace culture, employee engagement, talent development, and employee wellness strategies.

Want to learn more about CARE? Check out the [best practices](#) of our 2023 CARE-ing companies and sign up for our [CARE Awards newsletter](#).



New Virginia Insurance Marketplace is Open

This is the first year Virginia is running its own health insurance exchange. From November 1, 2023 through January 15, 2024, Virginians can shop for a 2024 marketplace health insurance plan at marketplace.virginia.gov, rather than the federal marketplace. There are also new subsidies for insurance plans this year that make them more affordable. We encourage all Virginians to see if they qualify!

If you have Medicaid, note that this year Medicaid renewals are resuming and some Virginians may lose Medicaid.



NVFS' Health Navigator, Rocio Vasquez-Zambrano, is offering bilingual assistance in Health Benefits & Insurance Navigation to people with household incomes of [250% or below of the Federal Poverty Level](#) and living in zip codes 20112, 22025, 22026, 22079, 22125, 22134, 22172, 22191, 22192, 22193. Contact Rocio at 571-748-2825 or rvasquez@nvfs.org today!

Trunk or Treating at the NVFS SERVE Family Shelter

A big "shout out" to Natasha Walker and the Jackson Harlow Beauty team for coordinating a fun Halloween for the kids at NVFS' SERVE Family Shelter.

Twelve volunteers decorated their car trunks for Halloween and the kids got to "trunk or treat" to each car where they got candy, juice boxes, and fun toys. The volunteers also brought superhero capes and masks as well as animal ear headbands so all the kids could get in the Halloween spirit! One volunteer even did face painting and many kids enjoyed their transformation into tigers, puppies, cats, butterflies, Ninja Turtles and more! The experience was a fun treat enjoyed by all.



If you're inspired and want to support our shelter guests during their wellbeing journey reach out to Julie Martinez at jmartinez@nvfs.org.

3 Tax-Savvy Strategies to Make Your Giving Go Further in 2023

- 1 Consider a charitable contribution to help offset the tax costs of converting a traditional IRA to a Roth IRA.
- 2 Make a qualified charitable distribution (QCD) from your IRA to reduce your taxable income.
- 3 Recommend a gift be made from your donor advised fund or community foundation fund.

Questions? Contact Lane Falcon, Director of Individual Giving & Major Gifts at lfalcon@nvfs.org.

NVFS Fall Food Drive is a Success!

Thanks to you, our Fall Food Drive brought in 14,667 pounds of food! This food is a big help in stocking the shelves at our [Hunger Resource Center](#) that has been experiencing a 26% increase in the need. Thank you again for helping to end hunger in our community through your food donations, financial donations, and volunteering your time!

FALL FOOD DRIVE 
*Help us End Hunger,
Together*



RUNS
March
2024



Join the *Strides* 10-Day
Virtual Fitness Challenge
and get active to give back!
Email LHurst@nvfs.org

 NORTHERN VIRGINIA
FAMILY SERVICE | **100th**
register now

3 MAY 2024
TORPEDO FACTORY
ART CENTER



100 YEARS OF SERVICE CELEBRATION

Make Room for Joy

**Donate Your Items to the
NVFS Clock Tower Thrift Shop**
nvfs.org/thriftshop

Clocktower Thrift Shop Volunteers Needed!

individuals • youth • groups • companies

nvfs.volunteerhub.com • sweinstein@nvfs.org

Volunteer Spotlight: Thrift Store Appraisers

NVFS' [Clock Tower Thrift Shop](#) receives donations as diverse as our supporters. For the more unique and valuable items we depend upon our skills-based volunteers to assess and value these donations to ensure that we price these items accurately. Their expertise helps our customers by making sure higher-end items are priced fairly, but also ensures that our shop gets the revenue it should which is particularly important since all the profits from the Clock Tower Thrift Shop go towards where it's most needed in NVFS and our community.



We have a few of these skills based volunteers that use their expertise to help NVFS and their community. Pictured are appraisers Susan LaBarca and Kristen Singer. Thank you both and thank you to all our skills-based volunteers!

Email volunteer@nvfs.org if you are interested in volunteering your special skills to help your community!

Top NVFS SERVE Shelter Needs

- Full size shampoo
- Full size conditioner
- Full size moisturizing body wash
- Bar soap
- Toilet paper
- Paper towels
- New bedpillows
- Diapers (especially sizes 4, 5, 6, and Pullups)
- Baby wipes
- Baby shampoo
- Baby lotion

Top Hunger Resource Center Needs

- Canned meat
- Flour
- Pasta sauce
- Boxed meals (Hamburger Helper)

- Sugar
 - Cooking oil/spray
 - Pasta
 - Beans (canned and dry)
 - Canned fruit/fruit cups
-

Top Multicultural Center Needs

- Cleaning sprays (kitchen, bathroom, general)
 - Scrubbing pads
 - Dishwashing soap (hand wash and dishwasher)
 - Laundry detergent
 - Fabric softener
 - Clothing stain remover
 - Shampoo & conditioner (full size)
 - Bath and hand soap
 - Shaving cream and disposable razors
 - Toothbrushes, toothpaste, floss, mouthwash
 - Body lotion
 - Deodorant
 - Nail clipper, files, nail brushes
 - Lip balm (like Chapstick)
-

Top Healthy Family Holiday Party Needs

- [Snow globe kits](#) (3 sets needed)
 - [E6000 craft adhesive](#) (2 tubes)
 - [Bouncy balls](#) (for penguin bowling)
-

Top Volunteer Needs

- HRC [Food Recovery Drivers](#)
- HRC [Bilingual Food Assistance Client Intake](#)
- SERVE [Shelter Kitchen Assistant](#)

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