

## Your October NVFS Insider

Northern Virginia Family Service <info@nvfs.org>

Fri 10/20/2023 3:10 PM

Support the Fall Food Drive and Holiday Drives, Register for the CARE Awards, Trick of Treat for Toilet Paper, Socktober Donation, Book Donation, Top Needs & Volunteers



### Monthly Newsletter of Northern Virginia Family Service



Donate

Volunteer

#### Last Chance to Donate to the NVFS Fall Food Drive

The NVFS Fall Food Drive is coming up next week! This drive will help us to stock the shelves at our Hunger Resource Center (HRC) and meet the 26% increase in demand for food that we have seen since emergency SNAP benefits ended in the spring.

**Support the Fall Food Drive in the following ways.**

**Donate food: Our greatest need is your food donations.** See our suggested items on the [Fall Food Drive flyer](#) and on the [NVFS website](#).

Drop off your food donations at the following location and dates:

Bethel Evangelical Church, [8712 Plantation Lane, Manassas, VA 20110](#)

- Tuesday, October 24, 2023, 10am-5pm
- Wednesday, October 25, 2023, 10am-5pm

**Make a financial donation:**

[Donate cash online](#), or by check, or donate grocery store gift cards. (NVFS recommends Giant Food gift cards, but all grocery gift cards are welcome).

**Volunteer:**

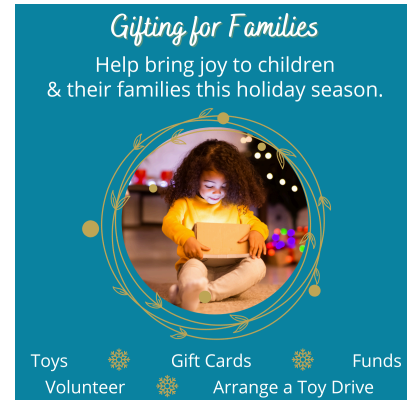


There are still a few spots left. If you are interested in volunteering, please contact Navara Cannon at [ncannon@nvfs.org](mailto:ncannon@nvfs.org). We have an urgent need for volunteers on Wednesday, October 25th 12:30pm-3pm.

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## Brighten the Holiday Season for Local Children and Families

In the Northern Virginia region, the rising costs of day-to-day living are an ongoing challenge. Families have grappled with escalating prices over the past 18 months, with the cost of meeting basic needs — food, gas, childcare, and other essentials — steadily increasing. This stress is compounded as the holidays approach and families look to celebrate and share joy through special meals or gifts. To help relieve this burden and allow families to gather as they choose to during this season, **NVFS' Holiday Drives provide food, gift cards, toys and other gifts to more than 2,000 our of neighbors**, who would otherwise struggle to afford to celebrate their family traditions amidst rising costs.



### Support local families this holiday season in the following ways:

**Operation Turkey** – donate grocery gift cards in increments of \$25 to help families during the holiday season or [donate funds](#) through the link on our website. Gift cards can be mailed to the address below or dropped off at the drive site during December.

- Northern Virginia Family Service  
ATTN: Holiday Initiatives  
10455 White Granite Dr., Suite 100  
Oakton, VA 22124

**Gifting for Families Toy Drive** – [Donate funds](#), [donate toys](#) through an office collection, through our Amazon wish list (will be posted on the NVFS website in November), donate gift cards, [become a sponsor](#), or donate via a personalized [peer to peer fundraising page](#).

### Drop Off Dates:

- Monday, December 4, 2023, 1pm-6pm
  - Tuesday, December 5, 2023, 9am-2pm
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## Join us and Register Now for the CARE Awards

NVFS is excited to host the 31st annual CARE Awards event on Wednesday, November 15th. The [22 CARE-winning companies](#) offer outstanding employee cultures, emphasize employee wellbeing, support the community, and prioritize diversity, equity, and inclusivity efforts and policies. [Join us](#) to celebrate their accomplishments!



## 3 Tax-Savvy Strategies to Make Your Giving Go Further in 2023

- 1 Consider a charitable contribution to help offset the tax costs of converting a traditional IRA to a Roth IRA.
- 2 Make a qualified charitable distribution (QCD) from your IRA to reduce your taxable income.
- 3 Recommend a gift be made from your donor advised fund or community foundation fund.

Questions? Contact Lane Falcon, Director of Individual Giving & Major Gifts at [lfalcon@nvfs.org](mailto:lfalcon@nvfs.org).

### Trick or Treat for Toilet Paper (TP)

Toilet paper is a top need at our NVFS Hunger Resource Center (HRC). Help people get toilet paper at the HRC, while having fun this Halloween. Trick or treat for TP (toilet paper) is a great way to collect toilet paper from your neighbors as you collect candy. Learn more about how you can collect toilet paper [via this flyer](#). Contact [Navara Cannon](#) regarding any questions.



### Thank You SwimKids Socktober Sock Donation Drive Donors

Thank you to SwimKids Swim Schools for conducting a Socktober Sock Donation Drive to support NVFS! People can donate socks at three SwimKids locations in [Leesburg](#), [Woodbridge](#) and [Gainesville](#), to be donated to these NVFS programs: SERVE Family Shelter, Community In-Reach and Early Head Start/Head Start. Thank you for your generosity.



*Register Today!*



**2023 CARE AWARDS**  
**NOVEMBER 15, 2023 AT 4PM**  
 HILTON MCLEAN TYSONS CORNER  
 INNOVATION GALLERY

**REGISTER TODAY AT [NVFS.ORG/CARE](https://nvfs.org/care)**

**Save the Date**  
 NVFS 100 Years of Service Celebration

May 3, 2024  
 Torpedo Factory  
 Art Center



 NORTHERN VIRGINIA  
 FAMILY SERVICE | **100<sup>th</sup>**



*Make Room for Joy*

**Donate Your Items to the  
 NVFS Clock Tower Thrift Shop**  
[nvfs.org/thriftshop](https://nvfs.org/thriftshop)



**Clocktower Thrift Shop  
 Volunteers Needed!**



individuals • youth • groups • companies



[nvfs.volunteerhub.com](https://nvfs.volunteerhub.com) • [sweinstein@nvfs.org](mailto:sweinstein@nvfs.org)

### Local Girl Scout Award Winner Donates More Than 500 Books for Young NVFS Students

Congratulations to Guilia O'Reilly on her Girl Scout Silver Award project. She focused her project on sharing her love of reading and increasing access to books in Northern Virginia. Guilia collected more than 500 books, many new and in multiple languages, reflecting the diverse populations we serve, including books in Spanish, Amharic, Arabic, Dari and more. Thanks to Guilia, children at our Early Head Start and Head Start Center will be able to fall in love with books and reading.



### Top NVFS SERVE Shelter Needs

- Baby wipes (critically needed)
- Peanut butter
- Pull-ups
- Jelly

- Full size shampoo
- Full size conditioner
- Full size moisturizing body wash
- Bar soap
- Baby shampoo
- Baby lotion
- Shower shoes/ flip flops (variety of sizes for adults)
- Toilet paper
- Paper towels
- Salad dressing
- Ketchup
- Mustard
- Sugar
- Salt and pepper
- Disposable plates
- Disposable utensils
- Disposable foam cups
- Napkins

### Top Hunger Resource Center Needs

- Dry Goods: beans/lentils, pasta, rice, coffee/tea, cocoa, one box meals (like Hamburger Helper), peanut butter, jelly, cereal/oatmeal and instant potatoes
- Pantry staples: flour, sugar, muffin mix, premade baking mix, flour, sugar, shelf-stable milk and cooking oil/spray
- Canned goods: fruit, applesauce, low sodium canned vegetables, canned meat, potatoes, beans/lentils, soup, broth and pasta sauce

### Top Volunteer Needs

- HRC: [Food Recovery Drivers](#) are especially needed during the week and is a perfect volunteer opportunity for retirees or anyone with a flexible work schedule.
- SERVE [Shelter Meals Provider](#) opportunities are available in November and December, on or around the holidays.

### Top Multicultural Center Needs

- Cleaning sprays (kitchen, bathroom, general)
- Scrubbing pads
- Dishwashing soap (hand wash and dishwasher)
- Laundry detergent
- Fabric softener
- Clothing stain remover
- Shampoo & conditioner (full size)
- Bath and hand soap
- Shaving cream and disposable razors
- Toothbrushes, toothpaste, floss, mouthwash
- Body lotion
- Deodorant
- Nail clipper, files, nail brushes
- Lip balm (like Chapstick)

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