



# Northern Virginia Family Service

## 2022 Benefit Summary



**2 MEDICAL PLANS WITH CIGNA**



**2 DENTAL PLANS WITH CIGNA**



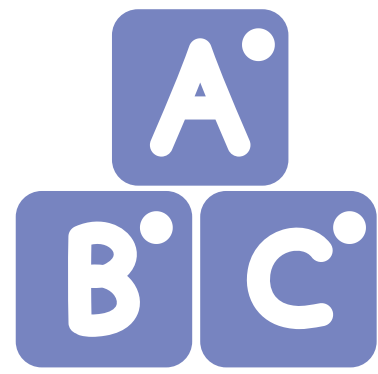
**2 VISION PLANS WITH VSP**



**FLEXIBLE SPENDING ACCOUNTS (FSAs)  
HEALTH CARE & DEPENDENT CARE**



**401 (k) RETIREMENT PLAN  
AGENCY MATCH & SAFE HARBOR**



**NVFS CHILDCARE FOR  
EMPLOYEES WITH CHILDREN  
AGES 0-5 YEARS**



**ACCIDENT INJURY & CRITICAL  
ILLNESS INSURANCE**



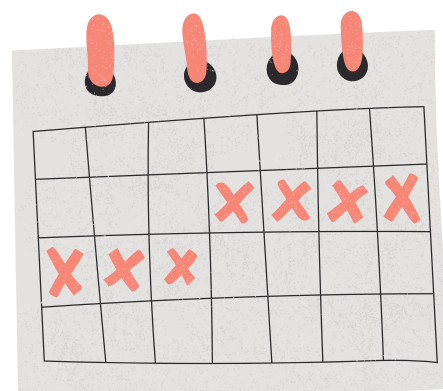
**PET INSURANCE**



**24/7 LEGAL PLAN**



**13 PAID HOLIDAYS PER CALENDAR  
YEAR**



**ANNUAL (VACATION) & SICK  
LEAVE**



**AGENCY-PAID  
LIFE & AD&D INSURANCE**



**AGENCY-PAID SHORT-TERM  
& LONG-TERM DISABILITY**



**TUITION & EDUCATION  
ASSISTANCE**



**PROFESSIONAL  
DEVELOPMENT  
OPPORTUNITIES**



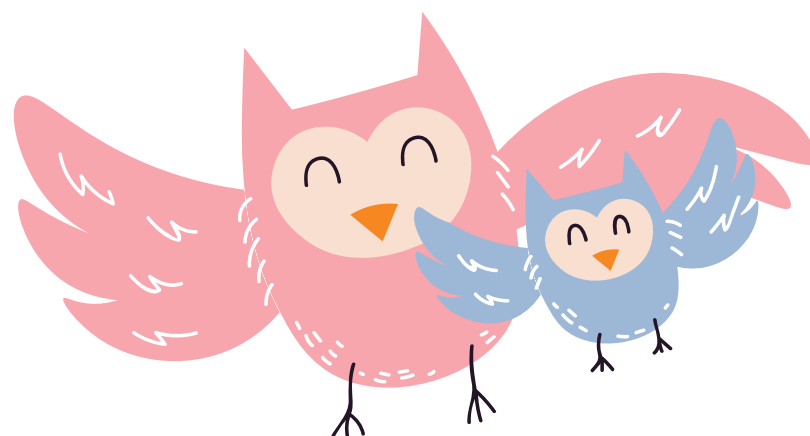
**EMPLOYEE ASSISTANCE  
PROGRAM (EAP)**



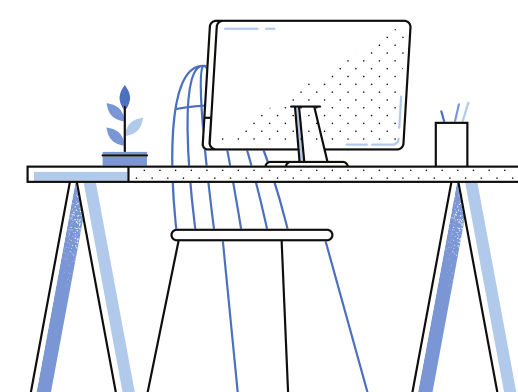
**EQUITY, DIVERSITY & INCLUSION  
(EDI) & WELLBEING COMMITTEES**



**ADOPTION ASSISTANCE**



**PAID NEW PARENT LEAVE**



**WORK PERKS - INCLUDING FLEX HOURS,  
VOLUNTEER DAY, APPLE FCU MEMBERSHIP,  
IDENTITY THEFT INSURANCE, FREE WELLBEING  
ACTIVITIES AND MORE**